

# **YOUTH**

## ***In Season Training Program***

***January 11 - March 21, 2012***

***WEDNESDAYS***  
***5:00-6:30 PM***



Get ready for the Kid's Regional and State Tournament series by spending an extra night at wrestling practice. Learn new skills and techniques over two months of age-level appropriate training. **11 practices for \$175** (includes the "Regional Warm-Up"). USA Card required.